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# PAIN AND SYMPTOM MANAGEMENT IN HOSPICE AND PALLIATIVE CARE

Presented by Laura Fredericks, Team Director at Accent Care



#### **Presenter Bio**

Laura started her nursing career in 1991 at Henry Ford Macomb hospital on the Inpatient Oncology Unit as a floor nurse and realized early that her passion was for hospice care. Being present for patients and families during one of life's most difficult and precious moments was a gift and she knew it was where her heart belonged. During her time at Henry Ford, Laura had the opportunity to grow from Preceptor to Assistant Clinical Manager. She was an integral part of the initiation of the outpatient cancer center and development off their nurse practice council which she lead for the first 2 years. Because of her passion for hospice and end of life care, Laura started a program called Partners in Peaceful Passing; which brought volunteers to the bedside of dying pt's. Fast forward 20 years and she transitioned to the Clinical Manager for the Inpatient Stroke Unit at the same hospital. After 3 years she recognized that her true passion remained for hospice and began her journey with Seasons/AccentCare Hospice. Laura has been with the company for nine years, is a Team Director, and continues to follow her Hospice path with humility and compassion for every person that allows her and her team to come into their lives.



## Please RSVP or for special accommodations to:

Jennifer.Bishop@vistaspringsliving.com by October 6th, 2023

### Date/Time:

October 10th, 2023 Registration: 5:00 p.m. Presentation: 5:30 p.m. Dinner: 5:00 p.m.

#### **Location:**

Vista Springs 6800 Trillium Village Lane Clarkston MI 48346

#### **Course description:**

Hospice staff are experts in pain management. This one hour presentation, meant for nurses, physicians and other team members, will enlighten the learner on appropriate treatment rationale and care practices for the hospice patient. The learner will be expected to sign in and stay for the entire program, participate in discussion and complete a program evaluation in order to achieve a certificate of continuing education.

#### **Objectives:**

- Define potential origin and types of pain and discuss the importance of a comprehensive pain assessment.
- Discuss how myths regarding pain management can be barriers to good pain management.
- Describe commonly used opioids as well as how they are used in the hospice and palliative care patient.

#### **Educational credit:**

1.0 Contact Hour according to the following

## **Intended audience**

Community Social Workers and Nurses

#### The content level for this course is:

Intermediate

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AccentCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AccentCare maintains responsibility for the courses offered above. ACE provider approval period: 1/20/2022-1/20/2025. AccentCare is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number: P0355 | AccentCare is approved to offer select CME listed on this page via the American Academy of Family Physicians. | AccentCare is approved to offer select Long Term Care Administrator credit listed on this page via the National Association of Long Term Care Administrator Boards.