



**OPC** SOCIAL & ACTIVITY CENTER  
The Best Place To Be 50+

# Dementia Workshops

Tuesday, April 16

2 Sessions: 9:00 am - Noon & 1 pm - 4:00 pm

Positive  
Approach  
to Care®

[www.TeepaSnow.com](http://www.TeepaSnow.com)

Presented by Dr. Beth Nolan, Director of PAC Research & Policy, and developed by renowned dementia educator, Teepa Snow, these workshops aim to help care partners understand brain changes resulting from dementia and learn ways of approach that accommodates for those changes.



## **Session 1: 9 am – Noon** **Using a Positive Approach to Dementia Care**

- Learn the important role that attitudes and behaviors play in interactions with those living with dementia along with verbal and nonverbal strategies and techniques.

## **Session 2: 1 pm – 4 pm** **The Typical Progression of Dementia and How to Help**

- Introduction to the GEMS-States of Brain Change. Explore effective ways to offer support to improve care interactions and relationships.

***Registration Required by calling 248.659.1029 or by registering online at [MyActiveCenter.com](http://MyActiveCenter.com)***

Dementia Workshops courtesy of the Rochester Hills ARPA Nonprofit Grant

**650 Letica Drive | Rochester, MI | [OPCcenter.org](http://OPCcenter.org)**