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Shining a Light on Depression & Anxiety: Understanding, Coping and Healing



Wednesday, April 17 11:30 am - 1:00 pm (ET)

Linda "Andi" Chapman, RN, CDP, CDDCPT

OBJECTIVES

- Assess and screen patients for symptoms of depression and anxiety during routine clinical evaluations.
- Provide education and support to patients and their families about depression and anxiety, including available treatment options and resources.
- Monitor and evaluate the effectiveness of interventions and treatments for depression and anxiety, adjusting care plans as needed.
- Collaborate with other healthcare professionals, such as therapists and psychiatrists, to provide comprehensive care for patients with depression and anxiety.
- Promote self-care and coping strategies to help patients manage symptoms of depression and anxiety.
- 1.5 CEs: NASW National, SW Michigan, Nursing, Case Management & General

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Register on Zoom





Outreach Director Donnamacdonald@wayne.edu or 248-719-0640