

Please join SCAN Macomb (Senior Coordinating Aging Network) for an opportunity to network with other service providers for seniors as well as gain information about new programs, services, workshops and legislation.

Veterans Chapter 154 Food Pantry





Presenter: Raj Thangamuthu DPT

With over 30 years of experience in the field of physical therapy, Raj Thangamuthu DPT has established himself as a trusted expert in musculoskeletal injuries. Holding a Doctorate in Physical Therapy and doing various continuing education in the field of PT, he has successfully treated numerous people, helping them return to their peak performance.

Raj's approach is rooted in evidence-based practices, ensuring each patient receives the best possible care. He's passionate about helping his patients achieve their goals, whether it's return to work or simply enjoying a pain-free walk in the park. Recognizing the challenges faced by the elderly, especially in terms of mobility and independence, Raj has done workshops aimed at educating seniors about fall prevention, joint health, and maintaining muscle strength. These workshops have been instrumental in raising awareness and empowering the elderly to take charge of their health. Currently he owns out patient clinics in the city of Clinton Twp and Bloomfield Hills.

DON'T MISS OUR BIG FUNDRAISER! Thursday, July 18, 2024 at Octopus Gardens, Mt. Clemens Details on our website! Friday, May 17, 2024 9:00 a.m.— 10:30 a.m. A light breakfast will be served.

Meals Wheel

Macomb

County

American House Park Place 29250 Heritage Pkwy Warren, MI 48092

One Year Membership -\$35.00 - 6 Meetings One Time Drop In Fee - \$10.00 You can join at the meeting or online at our website below. www.scanmacombcounty.org

Contact us





