



CEU: Everyday Activities to Build Resiliency Against Cognitive Decline in Aging & Dementia



We're excited to partner with The Institute of Gerontology at Wayne State University to bring you this month's FREE educational topic.

Earn **1.5 CEU** credits and join CorsoCare for an educational presentation on the cognitive decline in aging and dementia with speaker Dr. Ana Daugherty, PhD, Wayne State University Faculty.

Participants will explore a number of lifestyle and health factors that can build resiliency to protect against dementia and promote cognitive maintenance. The presentation will review evidence to understand what typical aging is and how it differs from dementia with disease. Current research on lifestyle and health factors that can build cognitive resiliency will be reviewed with practical advice of everyday activities that anyone can adopt.

Time: 4:00 - 4:30 p.m: Cocktails with Colleagues
4:30 - 6:00 p.m: CE Presentation
6:00 p.m: Tour + Bottle of Wine to go

Date: Thursday, May 9th

Location: Springvale Assisted Living & Memory Care
4276 Kroger Drive
Swartz Creek, MI 48473

Call or email Nick to RSVP by May 3rd
810-245-3494 | Nick.Mauro@corsocare.com